## Polkepahad Village trip Gopalpet Mandal Vanaparthi district

Date: 17<sup>th</sup> &18<sup>th</sup> Jan 2025

RBVRR Women's College of Pharmacy conducted an NSS field trip to Polkepad village, Gopalpet Mandal, Mahabubnagar district, Telangana, on the 17th and 18th of January, 2025.

Polkepad is a village in Gopalpet Mandal in the Mahabubnagar district of Telangana State, India. It belongs to the Telangana region. As part of the Telangana District reorganization, Polkepad Village in Gopalpet Mandal was reorganized from Mahabubnagar District to Wanaparthy District. It is located 55 kilometers south of the district headquarters in Mahabubnagar. The local language of Polkepad is Telugu. The village has a total population of 4,194, with 882 houses. The female population constitutes 50% of the total population. The village has a literacy rate of 34.5%, with a female literacy rate of 13.9%.

A group of 31 students, accompanied by two faculty members, participated in the trip. On the first day, the volunteers conducted a survey among the villagers and discovered a very low literacy rate. Both men and women were found to be addicted to alcohol and tobacco. Boys were typically sent to school only up to the 4th standard, after which they were employed as laborers in fields or industries in the city. Girls were often married off at an early age, around 19 years old.

On the second day, a health camp was organized in the gram panchayat, which was attended by 100 villagers. Clinical tests for diabetes, blood pressure, BMI, and ABO blood grouping were conducted. Two doctors and ASHA workers from the village assisted with the camp.

The volunteers also visited two Zilla Parishad schools to educate students on the importance of higher education and raise health awareness, particularly about the harmful effects of tobacco and alcohol consumption. The students and the school management expressed their heartfelt gratitude to the volunteers for organizing the camp. Additionally, the volunteers conducted an awareness session at Valmiki Bhavan to address the dangers of tobacco and alcohol usage among the local population.

Sl.no	Survey among the villagers	Names of the students
1		Ch.Renuka
2		Aswitha
3		A.Akshita
4		K.Indira priya
5		D.Abhinaya
6		L.Sathwika

Sl.no	Women's Education	Names of the students
1	Cancer Awareness	snehitha
2		Lahari
3		M.Manasa
4		J.Vaishnavi
5		Usharani
6	Problems encountered during menopause for a	deepika
7	women	ch.sushmitha
8		T.Ramya shri
9		V.yashaswi
10		P.pranathi

SI.no	Men Education	Name of the student
1	Problems encountered because of Alcohol consumptions, steps to withdraw	ch.srinija
2		D.Jeshwitha
3		E.Ashwitha
4		M.Akhila
5		M.Vishista
6	Problems encountered with the consumption of tobacco	S.Sneha
7		L.Manasa
8		J.Ashwini
9		B.Akhila
10		Rashmitha

Sl.no	Students assisting Doctors	Name of the student
1		Umama
2		Sana
3		Abhigna
4		Sanjana
5		Arya

