# RBVRR WOMEN'S COLLEGE OF PHARMACY



# 3-4-343, Barkathpura, Hyderabad - 500 027 (T.S), India Office: +91 40-27563065, Mobile: +91 9848930555

(Approved by the AICTE, PCI & Affiliated to Osmania University)
Recognized under Section 2(f) of the UGC Act 1956

EAMCET Code: RBVW | PGECET Code: RBVW1

www.rbvrrwcp.org | Email: rbvrrwcoph@rediffmail.com & rbvrrwcp2006@gmail.com

#### **ACTIVITIES REPORT**

#### **ACADEMIC YEAR 2019 -2020**

## **International Yoga Day 2019**





Yoga is an ancient physical, mental, and spiritual practice that is said to have originated in India. The word "Yoga" derived from Sanskrit root 'Yuj', meaning 'to join' or 'to yoke' or 'to unite' symbolizing the union of the body and consciousness. Historical evidences suggest that Yoga has its origins from the Indus Valley Civilisation. It is believed to have been in practice since age immemorial and it has been mentioned in several ancient sacred Indian scriptures. According to popular belief, a Sage named Patanjali, is the Father of Yoga. It is said that Yoga's incorporation of meditation and breathing, can help improve a person's mental wellbeing. In the words of renowned Pulmonologist, Dr. Nevins Kishore: "Yoga increases the body awareness, relieves chronic stress pattern, relaxes the mind; centres attention and sharpens the concentration ". The International Yoga day aims to spread the awareness of the benefits of practicing yoga worldwide. RBVRR Women's College of Pharmacy, Barkatpura, Hyderabad, celebrated 5th International Yoga Day by inviting Sri Narender Singh Walia, President Bharatiya Yoga Samsthan, Sri K. Ram Mohan

Rao, Zonal In charge, Sri B.S.N. Murthy, Anand Nagar center Incharge from Bharatiya Yoga Samsthan on 21st June 2019. The participants (students and staff) were taught the Asanas and Pranayam and importance of yoga in daily life.

Sri B.S.N. Murthy delivered a speech on personality development stating the importance of setting goals and execution. He also stated that synchronization of mind and body can be achieved through practicing yoga. The event was a grand success with a participation of 120 members.





The 73rd Independence Day was celebrated by RBVRR Women's College of Pharmacy with patriotic fervour on 15th August, 2019. The Celebrations began with flag hoisting Ceremony, led by Prof.K.Mutyam Reddy Honorary secretary cum Correspondent RBVRRWCP. All the students and teachers offered their salutation to our national flag followed by the rendition of the National Anthem together. An inspirational speech was given by Prof. M. Sumakanth, Principal, who emphasized that every citizen should contribute to nation in one way or the other towards the development of the Nation. Hon. Secretary cum correspondent Prof. K. Muthyam Reddy paid rich tributes to our freedom fighters and to the soldiers who sacrificed their life for the freedom of our country.

## **National Pharmacy Week Celebrations -2019**





The 58th National Pharmacy Week (NPW) 2019 was organised in collaboration with Indian Pharmaceutical Association (IPA), Telangana branch by RBVRR Women's College of Pharmacy from 17th-22th November 2019. The National Pharmacy Week was inaugurated by lightening of lamp by the Chief Guest Dr. A Rama Krishna, Dept. Drug Control General CDSCO Zonal Office Kolkata and Guest of honor, Dr. A Kalyana Chakravarty Associate Vice-President, PSAI Dr. Reddy's Laboratories, the Hon. Secretary and Principal of the college. The Principal, Prof. M. Sumakanth addressed the gathering and briefing about the activities to be conducted during the week Various colleges of B. pharm, M. pharm and Pharm D courses are participated in and around Hyderabad. Several competitions were conducted as a part of this event.

## **Republic Day Celebrations -2020**





RBVRR Women's College of Pharmacy celebrated the 69th Republic Day with full zeal and zest by unfurling the National flag by our Honorary Secretary, Prof.K.Mutyam Reddy and Principal, Prof.M.Sumakanth. The faculty members and students rendered the National Anthem with patriotic fervour. Prof.K. Muthyam Reddy spoke on the occasion and inspired the students to strive to develop the country by performing the duties sincerely. Principal in her speech mentioned the significance of the day to students and staff. Students, faculty and staff gathered on the occasion and celebrated the day with gusto and a determination to develop RBVRR to newer heights in research and innovation.